



# Upstate Update

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## The Future of the Health Care System in NYS and the U.S.

The U.S. health care system continues to face important challenges with access, quality and cost. Over the next several years, the Affordable Care Act (ACA) of 2010 promises substantial changes. Important features of this legislation include state insurance exchanges, expansions in Medicaid enrollments, insurance mandates and new cost containment measures and quality initiatives. How these different aspects of the ACA play out will depend not only on the Supreme Court's upcoming review of the act, but also on implementation decisions at both the federal and state level. There is the possibility of considerable variation at the state level and state policy decisions in New York may have important implications for both health consumers and providers in New York.

*William D. White, Cornell University*

## Resources

(titles link to sources on-line)

Cornell NutritionWorks

The Sloan Program in Health Administration

CaRDI, Upstate New York in Profile: Trends, Projections, and Community & Economic Development Issues – pgs 44-49

### See CaRDI's February New York Minute:

“Building Local Capacity to Prevent Childhood Obesity in New York”  
by Christina Stark, Cornell University

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The *Upstate Updates* are monthly highlights of one of the nine topic areas covered in the *State of Upstate New York Initiative*, the Community & Regional Development Institute's (CaRDI) on-going effort to provide up-to-date data, research, and other information to inform dialogue around important community and economic development issues in the Upstate New York region. For access to our statewide network of experts on this month's topic, please contact the individual listed above. For more information on the *State of Upstate New York Initiative*, access to our publication series, news on upcoming trainings, and other resources, please visit the CaRDI website at: [www.cardi.cornell.edu](http://www.cardi.cornell.edu).